

# 4 Easy Steps to Correctly Fitting Earplugs



**1** Roll and soften to expel air



**2** Carefully place into the ear canal



**3** Ear plug will expand to fit and gently seal the opening



**4** Keep plug pushed into ear canal for 10 seconds to allow plug to expand

Arco Limited, 7 Trench Road, Mallusk,  
Newtownabbey, Co. Antrim, BT36 4TY  
Sales Enquiries and Orders: 028 9083 0850  
Fax: 028 9083 4444  
E-mail: [belfast.branch@arco.co.uk](mailto:belfast.branch@arco.co.uk)

**arco**<sup>®</sup>